



POORNIMA

COLLEGE OF ENGINEERING

Promoted by Shanti Education Society, Affiliated to Rajasthan Technical University & Approved by AICTE

Poornima College of Engineering, Jaipur

Program Organized in Year 2020-21

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A REPORT ON BLOOD DONATION CAMP

- ♦ **NAME OF ACTIVITY:** Blood Donation Camp
- ♦ **DATE & DURATION:** 26th Feb, 2022 Time : 10.00am -4.00 pm
- ♦ **TYPE OF ACTIVITY:** Extra Curricular
- ♦ **ORGANIZED BY:** Proctor Office
- ♦ **LEARNING OUTCOMES:**
 - Rise global awareness of the need for safe blood & blood product for blood transfusion & critical contribution voluntarily.
 - Promote unpaid blood donors make to national health.
 - Celebrate & thanks individual, who donate blood.
 - Encourage those who have not yet donated blood to start donating.
 - Focus attention on donor health quality of donor care as critical factors in building donor commitment & willingness to donate regularly
 - Motivate all students to take a pledge to donate blood at least once in a year
 - Instil the feeling of helping others to breathe life with their precious donation

♦ MAPPINGS WITH PO AND PSO:

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3
Helps reach education goals through free expression, debates, cooperation, coordination, etc.						3	2	2	3	3		1	2		3
Develops habits of constructive competition, improves skills and competence						3	2	2	3	3		1			
Develops a sense of responsibility and belongingness						3	2	2	3	3		1	2		3
Develops decision-making skills self-assessment, and cultural awareness						3	2	2	3	3		1	2		3
Develops leadership, managerial, and organizing skills						3	2	2	3	3		1	2		3
Creates opportunities to meet with other like-minded students for socialization,						3	2	2	3	3		1	2		3


Dr. Mahesh Bunde
B.E., M.E., Ph.D.

Director
Poornima College of Engineering
131-6, FULCO Institutional Area
Sikapura, JAIPUR

♦ **ASSESSMENT TOOLS:NIL**

♦ **DETAILS OF ACTIVITY:**

A Blood Donation Camp was organized by Poornima College of Engineering in association with Kanchan Devi Memorial Trust, Jaipur on Saturday, 26th Feb, 2020 at PCE campus. The inauguration ceremony was started with divine lamp lighting in Admission cell. Doctors from blood banks and hospitals, Kanchan Devi Memorial Trust and, all the members of management and administration of PCE, HODs Faculty and Staff members graced the occasion.

Ar. Rahul Singhi (Director, Poorinima Group) delivered opening address and celebrated his enthusiasm with the students and dignitaries and thrown light on value of regular blood donation. Dr. Mahesh Bundeale (Principal and Director) delivered welcome note and congratulated the august gathering. Mr. Pankaj Dhemla (Vise Principle) threw light on the history of blood donation camp in PCE. Kanchan Devi Memorial Trust, Jaipur appreciated PCE for continuously contributing in blood donation. Doctors shared the knowledge and information on need, facts and benefits of blood donation. They also emphasized myths and truths of blood donation.

PCE was played to give the message of blood donation. The inauguration ceremony came to an end with the vote of thanks by Mr. Amit Gupta (Chief Proctor, PCE) who heartily expressed his gratitude towards Doctors, Blood Banks, Kanchan Devi Memorial Trust, Jaipur and blessed and wished a very good health to all the blood donors. He also thanked and acknowledged the tireless work done by team BDC-2022.

The problem can be addressed if an additional two percent of Indians donate blood, as opened by the Health experts. We need 12 million units of blood every year but just about nine million units are being donated. Our College has been religiously organizing blood donation camps every year and students and the faculty members come forward voluntarily to donate blood. While addressing first time donors at the camp our volunteers brought awareness in them about shortage of blood and why we must donate blood every year, to help the persons requiring blood. Blood donation can save lives of innumerable persons. Donation of blood is very critical and crucial for saving lives many patients and those who have met with accidents. It is as such a great service or contribution to the society and people living in it.

Objectives of voluntary Blood Donation Drives:

- ☐ To replace paid blood donors with voluntary donors;
- ☐ Paid donors are to be discouraged as:
 - It is exploitation of the poor who often donate blood to earn money
 - Prevention of diseases spread by blood transfusion, paid donors are not only poor but they may also carry some disease.

S. N.	Name of college	Associate Blood Banks/ Hospitals	Total blood donation	By support of social group
1.	Poornima college of Engineering	1. Monark Blood Bank, Jaipur 2. Janana Hospital, Jaipur 3. Medipulse Hospital, Jodhpur	366 Unit	Kanchan Devi Memorial Trust, Jaipur

On this day 366 units of blood was collected. Some events for awareness and motivation were held before the blood donation. 425 willing donor students registered.

donation online. On the spot registration was also done. Pre and post refreshments were provided to the students. All the willing blood donors were first of all checked by doctors for their health conditions. Some basic blood tests were also done as prescribed. After donating the blood the donors were taken care. Faculty members and volunteer students were personally looking after all the Blood donation rooms

At the end Mr. Amit Gupta (Chief Coordinator, Blood Donation Camp-2022) thanked all who participated/ cooperated/ coordinated/ volunteered in the Blood donation 2022.

♦ GLIMPSES:





Student Coordinators / Volunteers:

Core Committee

Faculty In-charge:

S.No.	Name of Student	Branch	Semester	Contact Number
1	Ms Deepika Chauhan	EE	PCE	9252605292
2	Mr Mayank Sharma	EE	PCE	9413040458
3	Mr Asif Iqbal	EE	PCE	9602022384
4	Mr Pankaj Gakhar	EE	PCE	7737764255
5	Mr. Gaurav Srivastava	EE	PCE	8765040243
6	Mr. Udit Mamodiya	EE	PCE	9694802324
7	Mr Devendra Doda	EE	PCE	9352260373
8	Mr Manish Sharma	EE	PCE	9460189614
9	Mr Gaurav Jain	EE	PCE	9602410960
10	Mr Surendra Sharma	EE	PCE	9413968221

Photography Team

S.No.	Name of Student	Branch	Semester	Contact Number
1	NARENDRA BADJATYA	EE	7th Sem	6375591437
2	PARAS HARDENIYA	EE	7th Sem	8949896312
3	DEEPAK MOURYA	EE	5 th Sem	9828505244
4	DIPESH SAINI	EE	5 th sem	9549837378

Technical Team

S.No.	Name of Student	Branch	Semester	Contact Number
1	ROHIT KUMAWAT	EE	7th Sem	9664472594
2	SHUBHAM VERMA	EE	7th Sem	8302122706
3	GARVIT KHANDELWAL	EE	5 th Sem	7240082159
4	HARDIK BHASKAR	EE	5 th sem	9460755600

Refreshment Team

S.No.	Name of Student	Branch	Semester	Contact Number
1	JASRAJ KUMAWAT	EE	7th Sem	7568462009
2	PANKAJ SITARAM MEENA	EE	7th Sem	9414807032
3	JATIN AGARWAL	EE	5 th Sem	7619763285
4	KANAK PAREEK	EE	5 th sem	9166375374

Room Management & Personal Care of Blood Donors Committee

S.No.	Name of Student	Branch	Semester	Contact Number
1	ARCHIT JINDAL	EE	7th Sem	7248777700
2	ARYA SINHA	EE	7th Sem	7979934837
3	MANISH MEENA	EE	5 th Sem	8875686473
4	MANOJ SAINI	EE	5 th sem	9116303342

Registration Committee

S.No.	Name of Student	Branch	Semester	Contact Number
1	MD ANAS ZAIM KHAN	EE	7th Sem	9680099205
2	MD SAJID	EE	7th sem	9783959850
3	MEENAKSHI RATNAWAT	EE	5 th Sem	8741014205
4	MOHIT JOSHI	EE	5 th sem	7062426446



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A REPORT ON WEBINAR

NAME OF ACTIVITY: Gender Equality and Women Rights" under TEQIP-III Project

DATE & DURATION: Friday 17 July, 2020 at 11:00 AM- 2:00 PM

WEBINAR POSTER



EXPERT INTRODUCTION

The session was delivered by two Speakers:

1. The session will be delivered by Dr. Sanjula Thanvi, Associate Prof. & Director, University Five Year Law College, University of Rajasthan, Jaipur.
DR. Sanjula Thanvi, Associate Professor, Director, University Five Year Law College, University of Rajasthan, Jaipur

She is working with University Five Year Law College, University of Rajasthan, Jaipur as a Associate professor and Director. She has completed her master's degree in Law with Gold Medal and completed doctorate in 2004. She has 18 years of teaching and research experience. She published 7 books and 52 research papers in esteemed journals and 4 projects are running under her guidance. She is also the director of a NGO named SURAJ SANSTHAN where she is an active social worker. She has been awarded with Mahatma Gandhi Hindi Lekhan Puraskar for the book "*Mahila Adhikaro evam Netratva se Gram Sanchetna*" by National Commission for Women, 2019.

Another is **Bhartendu Harish Chandra Shahitya Award** by Ministry of Information and Broadcasting, New Delhi for the book titled "*Manvadhikar, Panchyati Raj Se Sashakt Nari*", in 2014 and **GraminVikas Sahitya Puraskarin** 2012 by Ministry Of Rural Development ,New Delhi on book named *Vikas Ki Ganga: Gram Sabha*"

2. Dr. Namita Jain, HOD & Assistant Professor, School of Law, JECRC University, Jaipur. She is Dr Namita Jain, HOD & Assistant Professor, School of Law, JECRC University, Jaipur. She has completed her doctorate degree from department of law, university of Rajasthan jaipur .She has **Around Ten Years of professional experience in various aspects of Law industry and also worked as social activist.** She is **Member Secretary, of a committee "SAKSAHM-A Voice of & for the female" constituted under the guidelines of UGC.** She is actively participated in organizing Moot Courts, Seminars and Debates at national level. She guided many Students as a project supervisor for their project and in their researcher work .

Speaker –I

Gender Equality and Woman Rights in India

Recent data released by the National Legal Services Authority (NALSA) suggest that the nationwide lockdown has led to a rapid increase in cases of domestic violence. The data, which is categorized according to cases in different states, suggest that Uttarakhand recorded the highest number of domestic violence cases in the last two months of lockdown. Haryana ranks on number two and the national capital Delhi on number three.

The Novel Corona disease not only had medical practitioners, scientists and other frontline workers overworked, even social scientists, lawyers, social scientists had their hands full and occupied. The Novel virus resulted in one of the largest migration in history of world with migrants moving across the highways on foot, in scorching heat, in trains and buses .However what remains the same despite a span of almost 7 decades is that women and children remain as vulnerable as ever.

People were directed to stay indoors and political and bureaucratic machinery went full throttle to implement the lockdown with police personnel deployed out on streets to prevent any movement unless in case of emergency.

While deserted streets may have brought a ray of hope for government which bought some time to develop and implement some strategies for containment of virus, it crushed the tiniest semblance of hope for a large number of vulnerable section of society; women and children, and exposed them to the danger of domestic violence and made situations worse for the ones who were already facing it .Trapped inside their houses they had no escape from the perpetrators

How lockdown has been breeding ground of fresh cases of domestic violence and worsened the

existing ones was evident from surge of phone calls to the helpline numbers of various government and non –government organizations. The lockdown has impacted the economic and social aspect of country and almost all strata of society has borne the brunt in some ways or other. Number of researches show that insecurity has high co-relation with negative emotions like stress, anxiety, restlessness, irritability and anger issues. The permission to open liquor outlets with lockdown still in progress saw the plight of women increase manifold and were subjected to domestic violence in its worst form ever .

The numerous calls to helpline numbers are just the tip of the iceberg. Many cases of physical, mental, psychological, emotional and sexual abuse went unnoticed and not reported. There must thousands and lakh of women who were beaten mercilessly, abused emotionally and must have faced marital rape resulting in unwanted pregnancies with no discretion on their part to decide whether to continue or discard the pregnancy , left with little or absolutely no reproductive rights to exercise.

From opening liquor outlets, to flooding social media with distasteful sexist jokes, the lockdown had been absolutely blind to woes of women who worked from home with additional burden of daily chores which was reduced because of house helps who couldn't move due to lockdown, to physical, mental, psychological, emotional and sexual abuse at hands of intimate partners and family members. Why the lockdown was imposed in such a haste with no prior planning and consideration of women facing domestic violence is largely due to patriarchal mind set of society that overlook insignificant matters like domestic violence in times of a pandemic where only medical and economic concerns deserve attention.

Domestic violence results in adverse effects on physical, mental, psychological, emotional, sexual and reproductive health of the survivor and as largest democracy in world we must take care of safety and well-being of half of our population. The pandemic should not give birth to another pandemic, that of domestic violence and while we are hopeful that soon a solution in terms of vaccine may be available for corona virus, it will take an exceptionally long to find a solution to the of domestic violence keeping into account our social, legal and psychological limitations

Speaker –II

Gender Equality and Woman Rights in India

'Just as a bird cannot fly with one wing only, a Nation cannot march forward if the women are left behind' -Swami Vivekananda

Every person deserves to reach her or his full potential, but gender inequalities in their lives and in the lives of those who care for them hinder this reality.

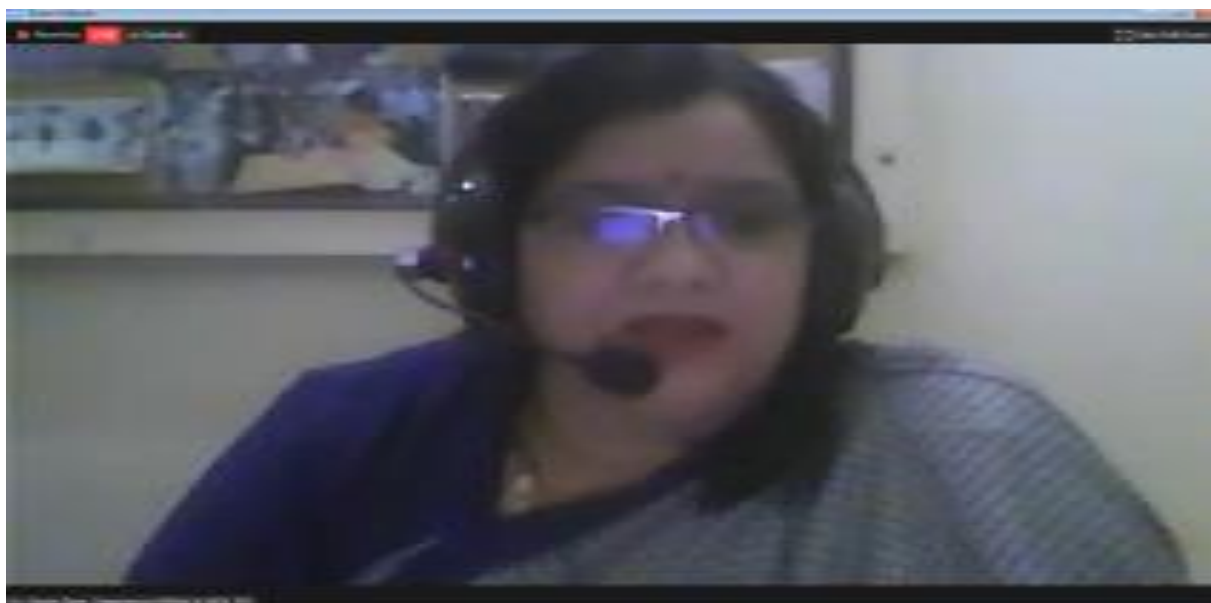
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Across India gender inequality results in unequal opportunities, and while it impacts on the lives of both genders, statistically it is women that are the most disadvantaged.

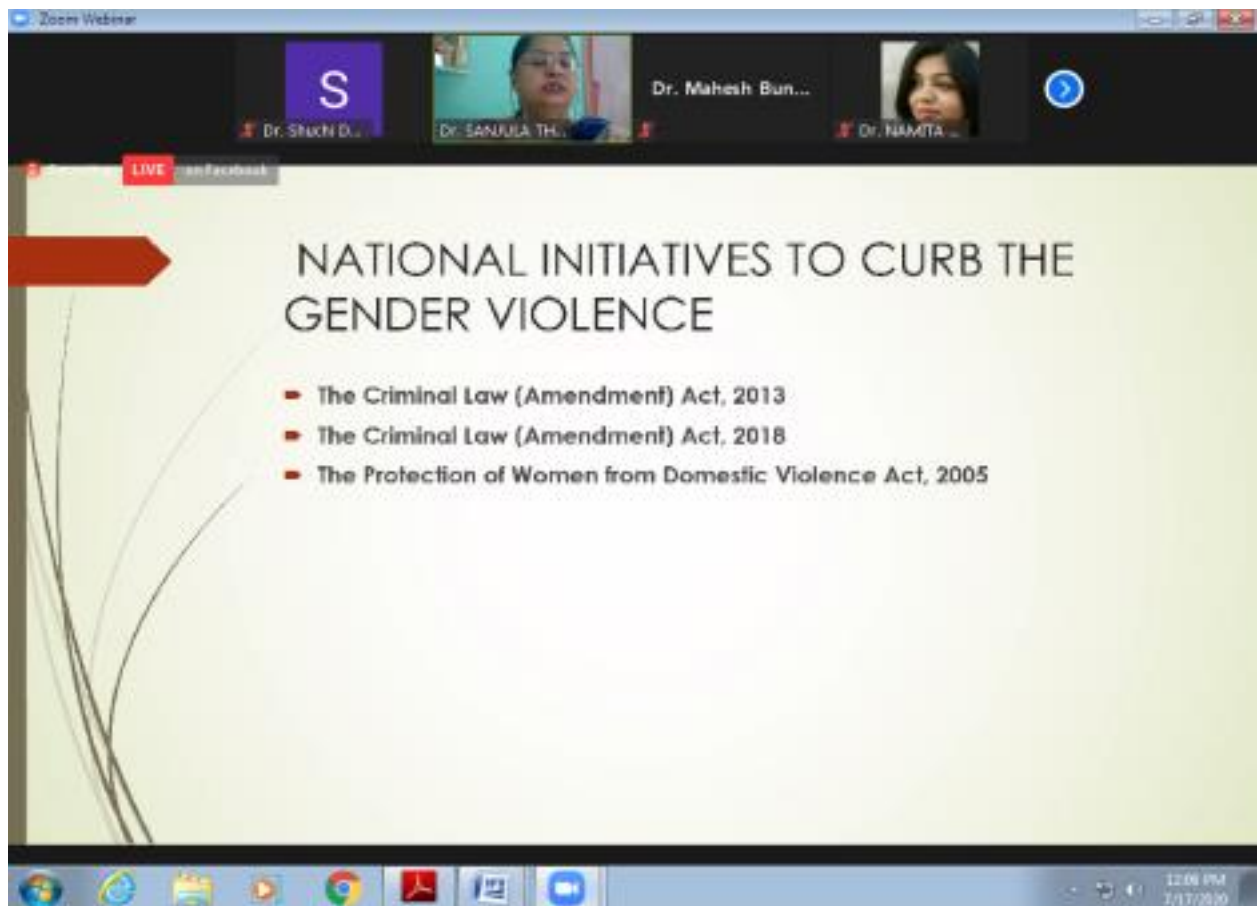
The principle of gender equality is enshrined in the Indian Constitution in its Preamble, Fundamental Rights, Fundamental Duties and Directive Principles. The Constitution not only grants equality to women, but also empowers the State to adopt measures of positive

discrimination in favor of women. So in my lecture I deal with the various constitutional rights guaranteed to woman under Constitution of India and various legal rights available to her in other laws of India

SCREENSHOTS OF ONLINE SESSION







Zoom Webinar

Dr. Mahesh Bundele

Dr. Shuchi D...

Dr. Sanjula Th...

Dr. Namita ...

LIVE

Worldwide strategies to protect women from their perpetrators

- Many Countries like Spain, Germany, Argentina, Italy, Norway, and France have launched Campaign Mask-19 also known as the Code-word scheme. When a woman experiences abuse at home or sexual assault, she can visit the nearest pharmacy and request for Mask-19. The pharmacy staff will note down her name, phone number and address and they inform the police stations and emergency services to tip them off about the abuse.
- The upsurge in the number of cases of domestic violence during the lockdown forced the French government to proclaim that they will open pop-up counselling centres and pay for hotel rooms for victims.
- In Italy, the government has introduced an app that enables domestic violence sufferers to seek help without making any phone calls. The government is also considering an offer to allocate 4 million euros for shelters for women who are victims of abuse.

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A REPORT ON GENDER ISSUES

♦ **NAME OF THE EVENT :** GENDER ISSUES

♦ **DATE & DURATION:** 11th APRIL 2020 (12:00-3:00 p.m.)

♦ **INTRODUCTION:**

The reality of gender inequality in India is very complex and diversified because it is present in many ways, many fields and many classes. Over the past decade, gender equality and women's empowerment have been explicitly recognized as a key to the social and economic development of the nation. Additionally, the promotion of gender equality and empowering of women was one of the eight Millennium Development Goals (MDG) to which India was a signatory. This article briefly provides details on the status of women from ancient times to the present century, the article in the constitution empowering women in the domain of governance and strategies for the advancement of women. The speaker of the session was Dr. Rathore who works for the upliftment of the women in society.

♦ **DESCRIPTION OF THE EVENTS:**

The workshop deliberated on constitutional measures in promoting gender equality; preventive and protective mechanisms on gender based violence; and issues and challenges regarding the safety of women and girls in the digital era.

♦ **Objectives:**

- Gender awareness raising aims at increasing general sensitivity, understanding and knowledge about gender (in) equality.
- Awareness raising is a process which helps to facilitate the exchange of ideas, improve mutual understanding and develop competencies and skills necessary for societal change.

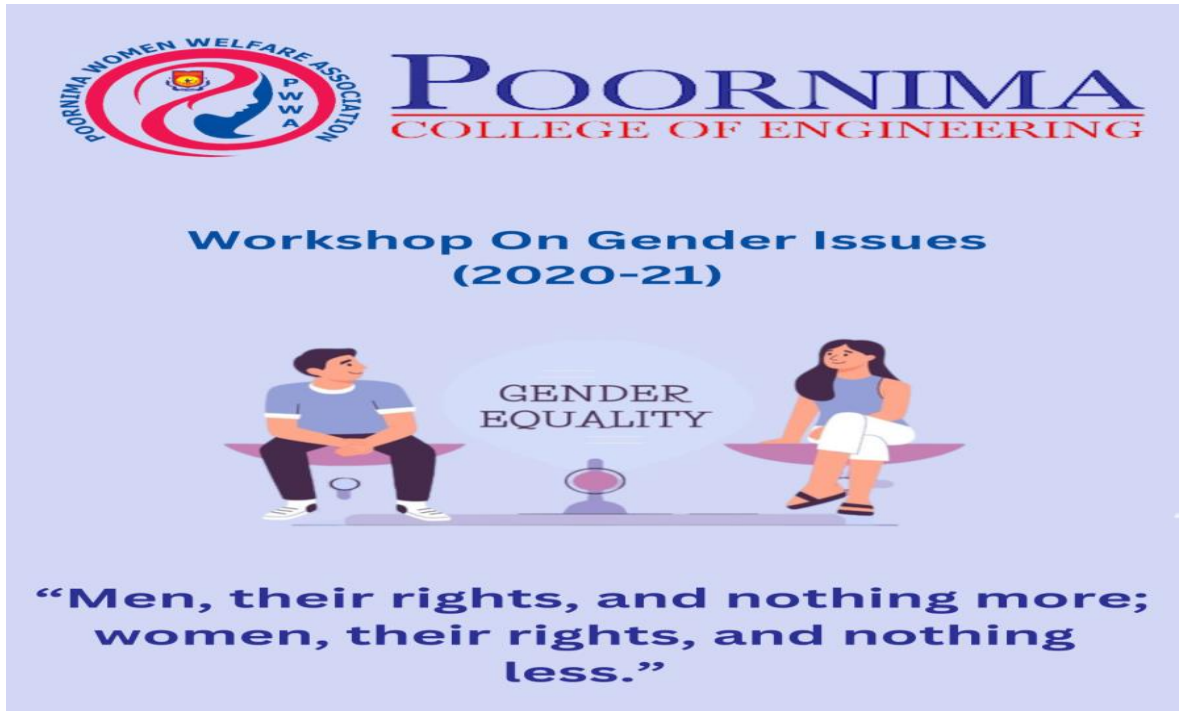
LIST OF PARTICIPANTS:

S.NO.	REGISTRATION NUMBER	NAME
1	PCE20CE011	CHIRAKSHI AGARWAL
2	PCE20CE019	KOMAL KUMARI
3	PCE20CE023	MS.KIRAN GAUD
4	PCE20CE024	MS.LAKSHITA KANWAR SOLANKI
5	PCE20CE025	MS.SAKSHI SHARMA
6	PCE20CE026	MS.SALONI TABIYAR
7	PCE20CE042	SINDHU KUMARI
8	PCE20CE054	MS.POOJA MEENA

9	PCE20CE056	MS. BHUMI
10	PCE20CS001	AARADHAYA KHANDELWAL
11	PCE20CS002	AASHITA JAIN
12	PCE20CS004	ABHILASHA CHAKRABERTY
13	PCE20CS006	ABHISHREE MUNDRA
14	PCE20CS018	AMRIT AGARWAL
15	PCE20CS019	ANCHAL JAIN
16	PCE20CS020	ANJALI GARG
17	PCE20CS029	ANVI SAHU
18	PCE20CS039	AYUSHI GUPTA
19	PCE20CS040	BHARTI GUPTA
20	PCE20CS042	BHAVYA AGARWAL
21	PCE20CS043	BHAVYA LOHAMI
22	PCE20CS044	CHAITANYA KHURANA
23	PCE20CS045	CHETAN SHARMA
24	PCE20CS046	DAKSH KARDAM
25	PCE20CS055	DIVYANSHI AGARWAL
26	PCE20CS056	DIVYANSHI CHOUDHARY
27	PCE20CS057	DIVYANSHU TAILOR
28	PCE20CS058	ESHA KAPOOR
29	PCE20CS082	JASMINE CHHILLAR
30	PCE20CS091	KHYATI GROVER
31	PCE20CS092	KRISHNA JAIN
32	PCE20CS100	MAITRI JAIN
33	PCE20CS111	MS KRATIKA JANGID
34	PCE20CS112	MS. GUNGUN
35	PCE20CS113	MS.ASTHA SHARMA
36	PCE20CS114	MS.KHUSHI SHARMA
37	PCE20CS115	MS.KHUSHI SISODIYA
38	PCE20CS116	MS.KRITIKA SONI
39	PCE20CS117	MS.MAHI GARG
40	PCE20CS118	MS.MUSKAN GOYAL
41	PCE20CS119	MS.PRACHI KHANDELWAL
42	PCE20CS120	MS.SANYA GUPTA
43	PCE20CS121	MS.SRISHTI MALU
44	PCE20CS122	MS.TANISHA
45	PCE20CS129	NATASHA GOKLANI
46	PCE20CS137	NITU PANDEL
47	PCE20CS169	SAUMYA GUPTA
48	PCE20CS170	SAURABH FAUZDAR
49	PCE20CS171	SEJAL JAIN.
50	PCE20CS183	SILKY SHARMA
51	PCE20CS185	TANU AGARWAL
52	PCE20CS186	TANYA ARORA
53	PCE20CS187	TRIPTI AGRAWAL
54	PCE20CS188	TRIPTI SOMANI
55	PCE20CS198	YAKSHITA SHARMA
56	PCE20CS202	YATIKA BOCHIWAL

Outcome of the Activity

- ♦ Creating gender inclusive spaces and campuses in institutions especially in higher educational institutions
- ♦ Integrating gender component and aspects into academic programmes and courses and programmes. Organizing awareness programmes on various gender issues for various target groups –youth, students, non-students, communities, etc to inculcate gender sensitivity.
- ♦ **Glimpse:**



♦ **FEEDBACK:**

Content of the workshop is rated as

- a. Excellent by 91.78% of participants
- b. Good by 6.87% of participants

Management/ Administration of the workshop is rated as

- a. Excellent by 91.78% of participants
- b. Good by 6.87% of participants

Overall Workshop is rated as

- a. Excellent by 91.78% of participants
- b. Good by 6.25% of participants



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A REPORT ON PAPER BAG DAY

NAME OF ACTIVITY: PAPER BAG DAY

DATE & DURATION: Sunday, 12th JULY 2020

TYPE OF ACTIVITY: Extra Curricular

ORGANIZED BY: Helping Hands Group



ACTIVITY POSTER:



ACTIVITY DESCRIPTION:

Small steps leads to great success, small deeds lead to priceless happiness!

- Spreading happiness, helping out the underprivileged, sharing the sorrows, basically **rather than sympathizing, empathizing** with the same motto, another activity was held on **12th July 2021**, on account of **PAPER BAG DAY**, by **THE HELPING HANDS GROUP**.
- With a vision of making our mother earth a better place to live, an initiative was taken by helping hands group. So on this paper bag day with the hope that humans would make this planet even a more beautiful place to live in, members of our group have set a perfect example of synchronization with mother earth. Keeping an eye on current circumstances, helping hands had organized several activities on this special day with everyone's convenience.
- The club members are spreading awareness about why we should use paper bags and how to create paper bags. The group had made tutorials to make paper bags, the awareness will spread across social media through the club.
- Paper bags are an environment-friendly alternative to the harmful plastic bags and "Paper Bag Day" is celebrated worldwide on **July 12**. The day aims to spread awareness about using paper bags instead of plastic to help reduce plastic waste that take thousands of years to decompose.
- Before the invention of the plastic bags, people either used cloth or paper bags to carry things in. Stores especially would use paper bags to put groceries in, and as the years passed, different kinds were created, some from recycled material. Paper bags are biodegradable and good for the environment, and so on Paper Bag Day 2020, we take a look at how this day came about and the advantages of using paper bags.

SCREENSHOTS OF ACTIVITY:



FEEDBACK AND PARTICIPATION COUNT:

We get many participants and the activity is done according to plan. Everyone has done a great job. This could only be possible because of the perfect and hardworking team.



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A REPORT ON MENTAL HEALTH

- ◆ **NAME OF ACTIVITY:** MENTAL HEALTH
- ◆ **DATE & DURATION:** Sunday, 6th June, 2021
- ◆ **ORGANIZED BY:** Helping Hands Group



- ◆ **ACTIVITY POSTER:**

GET READY TO WITNESS

Dr. Shubham Shree
M.A, M.Phil, PhD

TOPIC: Devastating effects of the
Pandemic on our mental health

LIVE

6th JUNE 2021

6 PM

Stay Tuned!

Instagram Live - @helpinghandsgroupjaipur

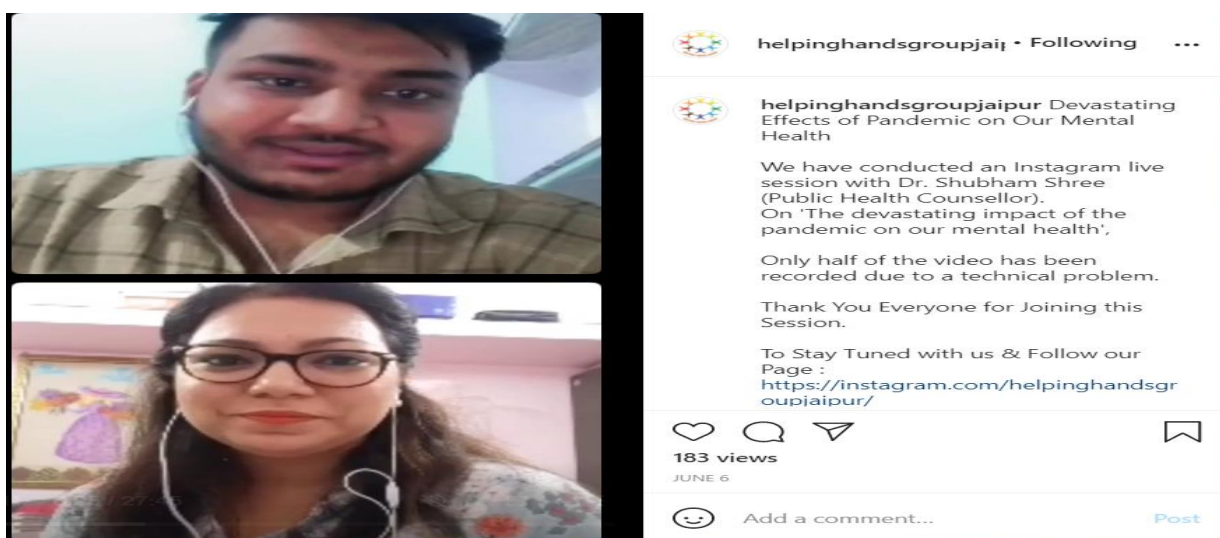
♦ **ACTIVITY DESCRIPTION:**

- On 6th June, 2021, The Helping Hands Group organized an awareness session about “Devastating effects of the Pandemic on our mental health.”
- The live session was addressed by Shubham Toshniwal (Secretary of Helping Hands Group) and the chief guest of the session was Dr. Shubham Shree (M.A, M.Phil, PhD) who is a psychiatric social worker.
- Many people joined the live session and asked the questions about their problems or concerns related to mental health, of which they got a proper explanation and their queries were solved by Dr. Shubham Shree.
- In the session she explained, mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act as we cope with life. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood and aging. She also explained how mental health is important to be physically healthy, have good relationships, to do work productively, make meaningful contributions to our community and also realizing our full potential.
- Dr. Shree also stated some signs by which one can understand that he/ she might have mental health problem. The signs included changes in eating or sleeping patterns , withdrawing from the people or activities you like, hallucinating things, incapable of performing daily tasks, hopelessness, confused feelings, mood swings ,having low energy, addiction to alcohol, drugs, smoking, and troubled thoughts.
- The pandemic also had a vast effect on our mental health .As the coronavirus pandemic rapidly sweeps across the world, it is inducing a considerable degree of fear, worry and concern in the population at large and among certain groups in particular, such as older adults, care providers and people with underlying health conditions. In public mental health terms, the main psychological impact has elevated rates of stress or anxiety as new measures and impacts are introduced – especially quarantine and its effects on many people’s usual activities, routines or livelihoods – levels of loneliness, depression, harmful alcohol and drug use, and self-harm or suicidal behavior are also expected to rise. The mental health problems which we are facing due to pandemic can be improved by dealing with fear the right way, altered daily routines, financial pressures, social isolation and uncertainty about the future are only adding to the stress so we should handle these situations calmly and try to maintain inner peace. We can also reduce stress by limiting newspaper time and tv time .It can be disturbing to hear about the crisis and see images repeatedly. After a certain point, it can be more upsetting than informational. Actively limit the news feed to only 1-2 hours a day and make sure the information you do get is from reputable and non-sensationalist sources. Limit social media that may expose you to rumors and false information. Most importantly discuss the news with your family and loved ones so that any misinterpretation can be clarified. Also, mandatorily, share a piece of good news or hopeful situation with your family to create a happy environment.
- Mental health problems are on the rise among adolescents and young adults, and social media may be a driver behind the increase. Half of all mental health conditions start by 14 years of age but most cases are undetected and untreated. Multiple physical, emotional and

social changes, including exposure to poverty, abuse, or violence, can make adolescents vulnerable to mental health problems. Promoting psychological well-being and protecting adolescents from adverse experiences and risk factors that may impact their potential to thrive are critical for their well-being during adolescence and for their physical and mental health in adulthood.

- At the end of the session she explained her journey regarding how she reached at this point and became a psychiatric social worker. At last Shubham Toshniwal thanked her for joining the session and enlightening us on various problems related to mental health and also giving us excellent solutions.

♦ SCREENSHOTS OF ACTIVITY:



♦ FEEDBACK AND PARTICIPATION COUNT:

We get many participants and the activity is done according to plan. Everyone has done great job. This could only be possible because of the perfect and hardworking team



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A REPORT ON COVID DRIVE

- ◆ **NAME OF ACTIVITY:** COVID DRIVE
- ◆ **DATE & DURATION:** Wednesday, 28 April 2021
- ◆ **TYPE OF ACTIVITY:** Extra Curricular
- ◆ **ORGANIZED BY:** Helping Hands Group



◆ **ACTIVITY POSTER:**

Dear followers, Helping Hands Group is offering you a platform to help amplify requests for medical emergencies.

Our DM is open and we're listening.

Share these details with us and we will put it out as our IG story and our team will try to provide you lead from various Platform.

- Requirement
- Location
- Contact

@helpinghandsgroupjaipur

#TogetherWeCan

linktr.ee/helpinghandsgroup

helpinghandsgroupjaipur • Following India

helpinghandsgroupjaipur 📌 We have helped more than 300 people Directly on our various platform in Just 5 Days.

Share our post to help more people!

📌 Swipe Left, Here are some proves that we are genuinely helping others. We are not demanding any money. We are demanding your Support.

📌 Share our Posts and Portals with your friends and family, Your one share can help someone who needs urgent help.

📌 Use our Portal to generate COVID-19 Resources leads. Link in Bio.

Liked by saurabh pansari and 174 others

MAY 1

Add a comment...

♦ ACTIVITY DESCRIPTION:

On 28 April 2021, Helping Hands Group started the covid drive under the guidance of Shubham Toshniwal and Ritik Banger. There were a total of 35 members who contributed to the drive and among them ten were volunteers from different cities. We reached this initiative after facing the reality of India's situation so we were determined to help people to defeat the problems like unverified leads, black marketing, scams, etc.

The main motive of this drive was to serve people by providing them Verified leads of resources like oxygen, beds, medicines, foods, etc. and contribute in making their lives somewhat easy in this Pandemic situation. So, the team started working on it by finding leads and verifying them through phone calls and messages. At the start of the drive we executed all the work through Whatsapp Group, later we divided the team into three categories which included as follows. The first was Leads and verification category which was further divided into two sub categories, oxygen plus medicine and bed, plasma and food. These two sub categories handled unverified leads and verified them and the responsible members passed the verified leads to the second category which is Database team who entered the day to day verified leads in the Google sheets to keep record of the data. This category worked as the backbone of the drive as it connected both the other two categories. The third was the Social media team which received requirements through social media and solved the queries through verified leads. These teams were formed as we were getting more requirements and to work smoothly.

The verified leads were posted on various social platforms through which it was easily available to people. We used different social platforms like Twitter, Telegram, Instagram, etc. to help people and provide them with leads regarding their needs. With the efforts of the whole team we helped more than 1,350 people through this drive directly through the various platforms. Talking about the reach, our Twitter impressions have more than 10 Lakh views, more than 3000 energetic members on telegram channel, and an excellent reach on telegram. Our work has also been supported by some gems of Indian society like Sir Sachin Pilot, Sir Manoj Bajpayee. After one month of the drive, the requirements were reduced to a great extent as the number of covid cases reduced and resources were available to people easily, so we decided to put this drive to an end with a closing ceremony for the appreciation of our team members.

◆ SCREENSHOTS OF ACTIVITY:



◆ FEEDBACK AND PARTICIPATION COUNT:

We get many participants and the activity is done according to plan. Everyone has done great job. This could only be possible because of the perfect and hardworking team. The whole drive resulted in helping many people in requirement of apparatus. And also worked in promoting the club and college.



POORNIMA

COLLEGE OF ENGINEERING

Promoted by Shanti Education Society, Affiliated to Rajasthan Technical University & Approved by AICTE

A REPORT ON HUMAN RIGHTS DAY

- ◆ **NAME OF ACTIVITY:** Human Rights Day
- ◆ **DATE & DURATION:** Thursday, 10 December 2020
- ◆ **TYPE OF ACTIVITY:** Extra Curricular
- ◆ **ORGANIZED BY:** Helping Hands Group



- ◆ **ACTIVITY POSTER:**

HUMAN RIGHT'S DAY
ACTIVITY THEME - " HUMAN RIGHTS"

ACTIVITIES:-

- Poetry
- Monologues
- Story telling
- Speeches
- Digital Posters
- Hand-made Posters
- Animated Videos
- And Many More...

*Note: Video length does not exceed the time limit(59 sec)

DATE 7 TO 9 DEC (MID NIGHT)

REGISTRATION LINK
tiny.cc/helpinghandsjaipur

@thehelpinghandsjaipur
helpinghandsgroup.in

Anubha Gupa
9352246856

Purvi Dadli
9314323100

♦ ACTIVITY DESCRIPTION:

Human Rights Day is marked annually on December 10 around the world. The day is marked to raise awareness about cultural, social, and physical rights and to corroborate the welfare of society in all possible contexts. The day commemorates the United Nations General Assembly adoption of the Universal Declaration of Human Rights (UDHR) in 1948. To increase and develop awareness about the Human Rights, the Helping Hands Group of Poornima Group of Colleges had organized activities for the student of PGC. Activities are Poster Awareness, Video Awareness, Instagram Polls and Quiz. The entries were accepted from 7 December to 9 December (12 PM) 2020 through Google forms. We got a good number of responses from the students. All the responses were posted on our Instagram page (@thehelpinghandsjaipur). On 10th December the Instagram polls were started that contain various information regarding questions. Our team members did a great job and made this activity successful. The purpose of this day was to raise awareness among people to fight for their rights and to stop those who are violating human rights.

♦ SCREENSHOTS OF ACTIVITY:



♦ FEEDBACK AND PARTICIPATION COUNT:

We get many participants and the activity is done according to plan. Everyone has done great job. This could only be possible because of the perfect and hardworking team.


Dr. Mahesh Bunde
B.E., M.E., Ph.D.
Director
Poornima College of Engineering
131-6, FULCO Institutional Area
Sitapura, JAIPUR



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A REPORT ON HOBBY E-FAIR

- ◆ **NAME OF ACTIVITY:** HOBBY E-FAIR (MAY' 22, 2021)
- ◆ **DATE & DURATION:** Saturday, 22 May 2021
- ◆ **TYPE OF ACTIVITY:** Extra Curricular
- ◆ **ORGANIZED BY:** POORNIMA WOMEN WELFARE ASSOCIATION (PWWA) & WOMEN IN SCIENCE AND ENGINEERING (WISE)



- ◆ **ACTIVITY POSTER:**



♦ **ACTIVITY DESCRIPTION:**

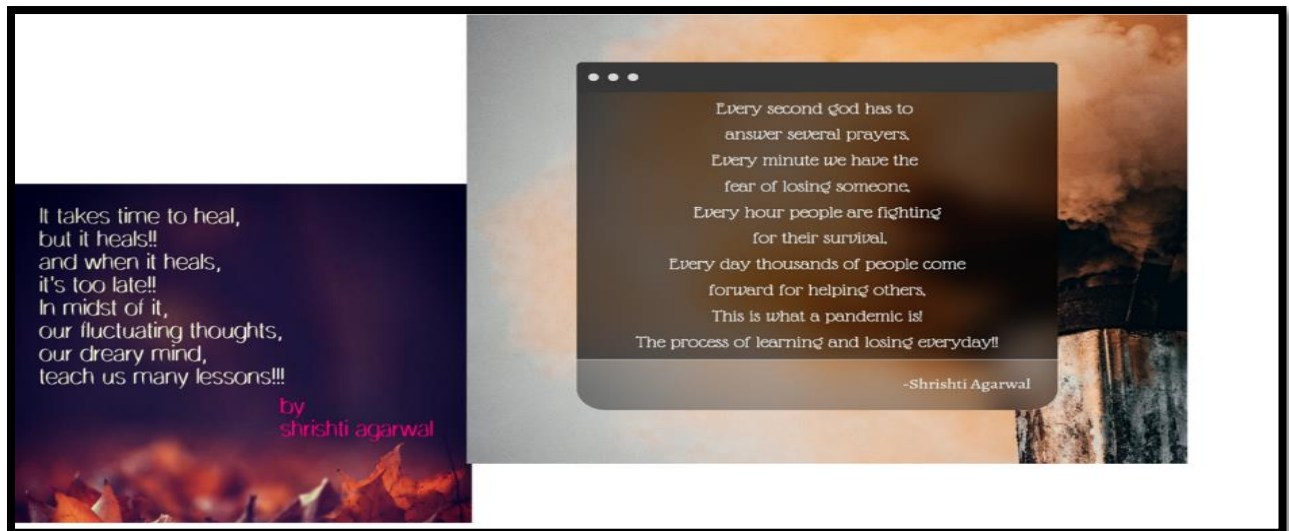
First Year, Poornima College of Engineering, under WISE Club, organized an online activity 'Hobby e-Fair' for all the first year girls for grooming their overall personality and encouraging their talents. It was conducted on Saturday, May 22; 2021. Girls participated showcasing their hobbies such as art and craft, dance, music, poem recitation, creative-writing, photography etc. It was an online activity which gave participants an opportunity to showcase their talents. The event finished successfully with great enthusiasm and fun. The best participants will be awarded with e-certificates. 20 participants made this event very entertaining. Dance, music and poem recitation participants presented videos whereas participants of art and craft photography and creative writing presented ppts comprising some of their works. Dr Rekha Nair, (Chairperson, PWWA and WISE), Ms. Sarveen Kaur Sachdeva, (Vice Chairperson, PWWA and WISE), Mr. Kuldeep Sharma, Mrs. Nikita Gautam, Dr. Neelam Chaplot and other faculty members made this event more cheerful with their presence and loved the event.

Faculty coordinator: Dr. Meena Tekriwal (Member, PWWA and WISE),

Student coordinators: Megha Agrawal and Priyanshi Mittal

♦ **GLIMPSES:**

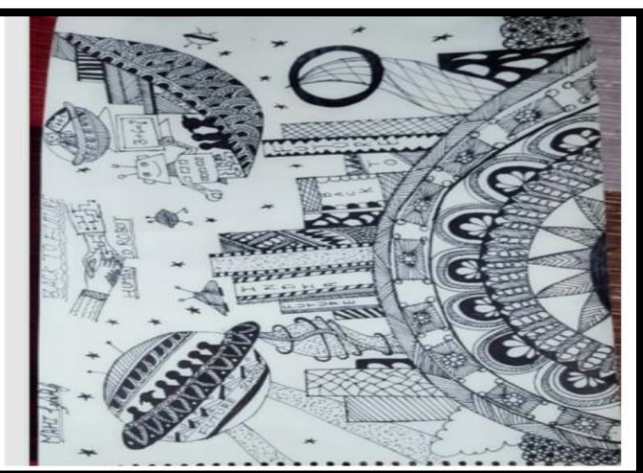
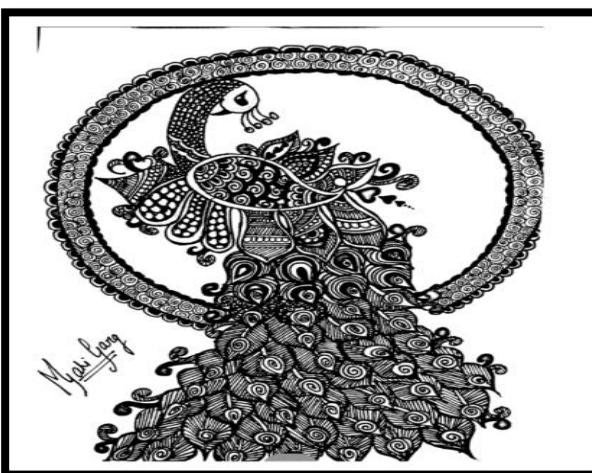
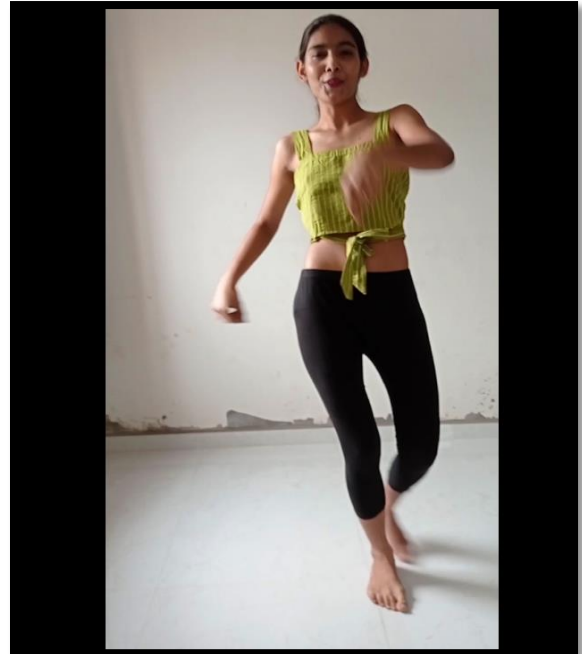




Power of Women

- A women is a human who plays different role in her life
- Here are different shades of green used to describe how it changes
- A bird on hand of women describe hoe she can handle thing beautifully
- Butterfly are colored in black to make an impact the color of green







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A REPORT ON INTERNATIONAL WOMEN'S DAY

- ◆ **NAME OF ACTIVITY:** INTERNATIONAL WOMEN'S DAY
- ◆ **DATE & DURATION:** Monday, 8 March 2021
- ◆ **ACTIVITY POSTER:**

♦ ACTIVITY DESCRIPTION:

Students' Council PCE in collaboration with WISE organized a day celebration and activity to encourage and embrace the hard work, dedication, and immense power of womanhood for the strong ladies including female faculty members and girl student of our college on the occasion of International Women's day i.e., 8th March 2021.

A poster making competition was conducted and female faculty members as well as girl students participated in that. The candidates present there were divided into various teams and each team was given a duration of half an hour to depict their messages through their posters. After the completion of poster making competition a short program, including music and dance performance by the students and teachers, was conducted. After that winning team of poster making competition was announced and was awarded with trophies and certificate.

After the completion of events the results were announced their and then only. The winners were perked with prize. With that the whole event was successfully completed. Total crowd was of 60+ including female faculty members and girl students.

Winners of the event were: -

1. Pallavi Ma'am
2. Team C: Abhishree Mundra, Mahi Garg, Divyanshi Choudhary

♦ GLIMPSES







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A REPORT ON WOMEN EMPOWERMENT

♦ **NAME OF ACTIVITY:** WOMEN EMPOWERMENT

♦ **DATE & DURATION:** Monday, 14 September 2020

♦ **ACTIVITY DESCRIPTION:**

On 14 September, 2020 a session on women empowerment was conducted by the Psychologist Mrs. Amita Shringi Upadhyay under the coordination of Ms. Sarveen Kaur Sachdeva, Vice-Chairperson, 1st Year. This session was conducted for all the girls of Poornima College of Engineering. The session was held online during 9 Am to 11 Am.

The main objective of that session was to make all the girls mentally and physically strong and to boost their self-confidence.

The Session was held to motivate the girls to be an independent person. A joyous environment was created in her presence, and she made the girls to make travel to their childhood memories. The psychologist taught everyone various activities to perform daily for self-improvement. She gave certain health-tips and hygiene habits. She even interacted with the girls and tried to know about the problems of many girls and gave them the appropriate advice. Girls get to know a lot of things from her, and also learned to take their stand in difficult situations. How can a girl deal with the day-to-day issues in her life was discussed. She even discussed a diet plan which every girl needs to maintain her daily life to get proper and balanced nutrition. How to raise voice when something erroneous happens and to take stand was taught during the session. Mrs. Amita also mentioned to give every individual a free session for the girls of PGI. Girls from all the branches took part in this session actively and paid their complete attention and showed an urge to attend these kinds of sessions regularly. Apart from girls, many female faculty members also attended this session and were very much convinced by the way Mrs. Amita took the session. As a conclusion, this session meant to be a very helpful and informative for all the girls and the female faculty members who were the part of this session. Audience appreciated the step took by the management for organizing such a motivational session.

◆ GLIMPSES

